



Healthy Lombard Partners' Meeting Minutes June 14, 2019

Call to Order – Jay 7:44 am

Jay announced that the Board of Directors has created a new role called “Past President”. Jay will fulfill this role for the year.

Board Officers Update – Jay

Minutes from the March Meeting – Beth

Motion to accept the minutes: Jay and Alissa seconds

Project Reports:

Go Fly A Kite – Alissa

- Alissa shared that there was a great turn out on a beautiful day! Rohma organized many volunteers and they went through 100 kites.

Flat Apple – Summer – Joe

- Joe handed out a flyer regarding the new Flat Apple program this summer. The kids will fill out a Healthy Tracker sheet.

Web Hits - Jay

- Up to 4.8 million hits on the Healthy Lombard Website
- If you have anything you would like to send to Jay for the blog please send it to Jay. Articles will go in the blog. Send a PDF for any flyers or events that are coming up to president@healthylombard.com

Membership: Beth

Certificates and Clings Distribution – Alissa

- Elizabeth thanked Jay for starting Healthy Lombard and thanked the dedicated board members for continuing this organization.
- We welcome your ideas and input
- Please visit the website as it has a lot of resources and useful links.
- Anyone that would like to do a YouTube interview please contact Jenn

Other Items:

Interested Partners to serve on the Board of Directors

Items for Discussion from Partners:

30 second share time

Kay: SCARCE will start the 30th year in August. They rescue school supplies and teachers come every day to get supplies for their classrooms. If you have office supplies please donate! The back to school fair will supply many low income students. Clean Safe and Working is what they are looking for. Food Sharing: 1 in 9 kids in DuPage County is not sure where their next meal is coming from. They started a food pantry for Glenbard High School and also started the share tables and would like share tables to be in every school. Roosevelt and 53 in Glen Ellyn is where they are located. (Panara Bread Parking Lot).
Jean: SCARCE Mentioned that if anyone wants to come and tour please contact them. The scout troops can earn their flags by volunteering at SCARCE. Reusing resources is the main goal. They serve all ages and organizations.

Anna: National University of Health Sciences. Anna supervises and trains at the clinic. Labs that need to be run it is much cheaper to be completed. They can fulfill orders and it is better to call to set up an appointment. Students and interns need to do service hours and they are always looking to do community outreach.

Katie: MAC Manager at the Park District – Open a year now and they have 4,000 members. Open gym times are available. Day camps have started and the pool has been open all week. Tomorrow is the fishing Derby. Tomorrow will start movies in the park!

Jenn: One of the things that Jenn does at her office is using a biofeedback machine, this helps with the diagnosis. She does acupuncture, Chinese medicine.

Lee: Pinnacle Dermatology in Lombard and Naperville they do free skin cancer screenings. Providers will come and set up a private screening room.

Joe: Lombard Park District - Kiwanis club meets two times per month if anyone is interested, please let him know. Lombard Save A Childs Life Network – Flyer. If you are looking for free family fun - movies and music in the park are great activities. Lombard Golf Course same great course but had a name change. Lombard Park District applied for the Gold Medal Award waiting to see if they receive this award.

Alissa: Med Express – We are officially out of flu season and getting ready for back to school. They will have sports physicals offered for \$15.00

Elizabeth: She is an assistant professor and she works with nursing students. The emphasis of the course is health promotion. Elizabeth works with the students in writing blogs for Healthy Lombard.

Clodagh: Lombard School District 44 – Construction has started for our new field house!

Christa: Teacher at Glenbard South and District Wellness Committee Chair – One of the Goals for next year is focusing on wellness for staff. Everyone is welcome to come to the wellness committee meetings.

To find out the schedule please email Christa_Gifford@glenbard.org

Charlie: 2XL Power Lifting – Female pelvic floor seminar coming soon. Go to the website for more information. 2XLpowerlifting.com

Monica: Lexington Square Senior Living – Continuum of care community – every club and activities including transportation. A group of the memory care residents went to the Lisle Park District and they offer a memory café and it was wonderful. They had a mini horse there!

Sandy: National ovarian cancer coalition. They will have some fundraisers over the summer.

Schaumburg Boomers on July 20th. Birdies for Charity is a great and easy fundraiser.

Kevin: Inland Bank – Currently there are 10 locations and they will be adding 2 more this year

Amanda: Inland Bank – Jr Savers Program for 18 and younger. If they start with \$25 the bank will match this. There are many perks to the program. The Indy Jr. App teaches kids the importance of money! Money Market Account 2.20% they pay 40% of the Wall Street rate.

Stephanie: Driver for her therapy dog! She does extremely well with seniors and she also visits kids that are going through finals. If you would like to request a visit, contact Stephanie! Stephanie warned that she received an email from Elizabeth at Healthy Lombard asking to purchase gift cards for Healthy Lombard. This is a scam!

Jay shared that she and her husband recently downsized and moved into a condo in Darien and also have a condo in Michigan!

Next Partners' Meeting – September TBA, 2019 (probably the second week in

Adjournment: 8:48 am

Motion to adjourn: Jay and Alissa seconded