

## Flat Apple 2022 Student Activity Tracker

Child's Name:Age: Every 300 minutes of physical activity counts for one Flat Apple raffle ticket. Participants are encouraged to log as many hours as they wish, but please note the max number of tickets earned throughout the summer for completing the Activity Tracker is ten (3,000 minutes).			
		DATE ACTIVITY	MINUTES
TOTAL			

Please see the instructions below. For more information and to sign up for the free 2022 Flat Apple program, please visit www.healthylombard.com.

Completed forms may be emailed to <a href="mailto:imccann@lombardparks.com">imccann@lombardparks.com</a> or returned to Sunset Knoll Recreation Center at 820 S. Finley Road in Lombard (Attention: Flat Apple 2022, Joe McCann). Activity Trackers are DUE NO LATER THAN AUGUST 12. Thank you for participating.