

Flat Apple Student Activity Tracker

Child's Name:	ild's Name: Age:	
Every 300 minutes of physical activity counts for one Flat Apple raffle ticket. Participants are		
encouraged to log as many hours as they wish, but please note the max number of tickets		
earned throughout the summer for completing the Activity Tracker is ten (3,000 minutes).		
DATE	ACTIVITY	MINUTES
TOTAL		

Please see the instructions below. For more information and to sign up for the free 2021 Flat Apple program, please visit www.healthylombard.com.

Completed forms may be emailed to jmccann@lombardparks.com or returned to Sunset Knoll Recreation Center at 820 S. Finley Road in Lombard (Attention: Flat Apple 2021, Joe McCann). Activity Trackers are DUE BY AUGUST 7. Thank you for participating.