



BIKE HELMETS MUST BE WORN!



# 2015 Tour de Apple

July 11, 2015

9:00 am—11:00 am

Madison Meadow Park

As part of the Healthy Lombard “Flat Apple” program, which is designed to keep kids moving throughout the summer months, Healthy Lombard is pleased to announce the Inaugural Tour de Apple. The Tour de Apple is a fun bicycle ride that covers 3/4 mile per loop. Each participant will ride two (2) laps, with each lap timed. For each completed lap, a participant will receive an “apple bite”. Participants who post a faster time on their second lap, will receive an additional “apple bite”. An “apple bite” is a raffle ticket that will be included in the Flat Apple program for your chance to win an iPad®, a bicycle or other great prizes. See the [Healthy Lombard Flat Apple website](#) for additional information.



*Come and join in on the fun and stay healthy!*