



October 10, 2019

Send Your Selfie to Us!

APPLE CRUNCH DAY

Join millions of people around the country on October 10 and crunch into an apple in a unifying action to raise awareness about eating better diets for our health and the environment, access and affordability of fruits and vegetables, and supporting local farmers.

Take a selfie (eating an apple) to show your support and either post on Snapchat using our Apple Crunch Day filter or send it to us at jay@healthylombard.com to post on our Healthy Lombard Selfie Facebook Page.