



Healthy Lombard Partner Meeting November 5, 2014 - NOTES

**Welcome & Overview – Meeting started at 7:45 a.m.**

Introduction of Board Members/Officers

Carl Goldsith, Lisa McDaniel, Jay Wojcik, George Sky, George Miller, Dan Whittington -  
Christine Cornell, Stephanie Schiszik

Approval of Minutes from August 2014-Motioned by George S.- 2<sup>nd</sup> by Dan W.

**Updates**

New Faces - Barney Bucholz-VFW, Kate Kloet & Sean Hahn, Revolution PT Registered Dietician, Dr. Mike Hautamaki-West Suburban Wellness, Marilyn Seagraves-Kiwanis, Margaret Bucholz – VFW, Barb Kruser – Helen Plum, Kristal Kleimschmidt – FORWARD, Nancy McGernal – Mary Kay Phil McEntee (sp?) – SD44, on Ted's behalf . Bob Brunton-Kiwanis. Rich ? – PTOW, Claudia Krauspe – Helen Plum Memorial Library

Other Partners: Rachel Benson-HealthTrack, Andi Cooper-Hammerschmidt/L&P, Dana Fox-Jewel Osco Pharmacy, , Dr. Dungen-DuPage Medical, Jen McGrath-Points To Wellness, Melanie Jordan-Your Healthy Life Made Easy, Peggy Kinst –Ageless Grace, Emily Buxton-Humana, Deb Whitchert-Lombard Park District, Monica Barichello – Lexington, Lisa Sawczuk-Linito Cycle, Tom Kalal-St. John's,

Flat Apple: Final Comments

Health Local – independent time (Tuesdays at 7 PM on Channel 19)

Lombard DMV – Thank You Week (recipes on our website and used by D87 Wellness Committee) – Came to us looking for healthy recipes that we provided for their employees for a week. Added as a page to our website as well.

Web site (Last Nov. over 3,000 hits a month/ as of October, 30 – 24,000 hits a month)

Awareness – Senior Fair/taping at HTSW/Shopping at ULTRA WICK- shopping matters at Ultra Foods – we did a taping.

S.H.I.P. Grant (will be working with the Westin Hotel in Lombard) – Received the check - \$1500. Westin did reply and they are trying to do healthy things. They are going to be our Partner – will go in with Melanie and pick the SHIP program that fits their needs.

FORWARD – Training for Workplace Wellness - Becky will offer a FREE workplace wellness program. Becky has gone through many hours of training. 4 hour program. Sign up sheet went around.

Obesity Trends – DuPage release – lower than national rates!

**New Business**

Nursing Students – COD and Elmhurst College they can assist you with healthy representation at your events.

Healthy Recipes (DMV in Lombard, District 87, and our webpage)

Fitness February

Yorktown Date – February 28, 2015 – last Saturday of February –

Same Format (tables and stage) -

Charge for Table – unless on-stage : Deb W. will check from Lombard Park District to see if she can help us with tables.

Sponsors (Mall - \$500; Signs, prizes, posters - \$500)

Committee Volunteers for PR/Exhibitors/Stage/Funding – Meet in Jan (date?)

## Partner Membership Information (Board Member Carl Goldsmith)

Explanation Form  
Annual Report  
Registration Form

Finance (Board Member Lisa McDaniel) – explained Packet we will have available to Partners in at next meeting.

**30 Second Share** - \*Sean Hahn's (Revolution) wife is a writer – perhaps she can assist us with a Communication Committee – her name Nina Kokotis – Chicago Magazine.

\*Andi Cooper – Playground is in – November 8<sup>th</sup> Grand Opening

\*Emily Buxton – Humana – Clothing Bags at the Center – fill bags and bring it back for the entire month of November.

\*Villa Park had a bike ride with Kiwanis/Unicef for the maternal & neonatal tetanus around the world.

\*Carl Goldsmith –Village Board adopt the streets – improvements. Grace Street first one to work on. Bicycle master plan to the Village being accommodated in 2015. Focus Groups, etc.

\*FORWARD November 20<sup>th</sup> 7:30-10:30 Coalition meeting.

\*COD November 19<sup>th</sup> – separate small round table of discussion.

## Meeting Schedule

(August, November, February, May)

Next Meeting in February – 1<sup>st</sup> Wednesday –February 4, 2015

Emails will be sent seeking help with Fitness February.

Please let us know of any cooking segment opportunities.

(Will also be holding a Fitness February Fair Committee Meeting in January. Date TBD)

\*Claudia Krauspe – Helen Plum Memorial Library – 630-627-0316 x215

[ckrauspe@helenplum.org](mailto:ckrauspe@helenplum.org) can help with Fitness February

Meeting adjourned 8:51