

Minutes of August 3, 2011 Healthy Lombard Meeting

WELCOME:

New Partners

Healthy Lombard welcomed five new partners the Sierra Club of DuPage, Bob Goldin, State Farm Insurance, Heavenly Massage, Lombard Seventh Day Adventist Fellowship Church and Contours Express.

UPDATES:

Sharing of Support

Partners gave an overview of what their organization has done or sponsored to address the Healthy Lombard mission of addressing Childhood Obesity and promoting Healthy Living.

Some highlights were the FORWARD Fund Raiser coming up on September 20th, the Helen Plum Library's "Show Your Card" promotion, and the Tri-Town YMCA's participation in National Night Out 2011.

WDCB – Dr. Weil and Rick Osbourne Shows

Dr. Weil and Rick Osbourne's new radio show on Childhood Obesity is progressing. They have several shows already taped. It will be aired soon on 90.9 FM

Cloud and Calendar

Thank yous went out to everyone (and reminders too) to keep updating the Healthy Lombard website. The more we post, the more opportunities our citizens have to get healthier!

Campfire Award

Jay announced that Healthy Lombard was honored to receive a "Hold On To Health" Award from Campfire USA Illinois Prairie Council this year. Healthy Lombard was recognized because of the difference our group is making to build awareness and provide opportunities for our community. THANK YOU EVERYONE!

OPYOW

District 44 has agreed to discuss a pilot program of Operation Pull You Own Weight at Madison School. If the proposal meets with the approval of the physical educational instructors, students at Benedictine University will be assisting with data collection.

NEW BUSINESS

Connect for Kids

Jay announced that District 44 nominated Healthy Lombard to receive a no-fee account from Constant Contact because of our organizations' focus on making a difference by focusing attention on the problem of Childhood Obesity as well as providing viable solutions.

Health Fair with Lombard SDA Church

Tonya and Tom gave a brief summary of the Healthy Expo the church sponsored last year and its desire to open this opportunity to the entire Lombard Community. This year it will be held on a Sunday in October. With the backing of Healthy Lombard, the Lombard Park District will provide space at the Lombard Commons and several Healthy Lombard partners volunteered to participate. Members not in attendance but who would like to also volunteer may contact Tonya and Tim at mr.tomkim@gmail.com or call 1-630-345-9522

Sierra Club Event

Lonnie from the Sierra Club gave a brief overview of their upcoming "Moving Planet" outing. The Ride/Walk is designed to bring attention to the need to move beyond Fossil Fuel. They are hoping for at least 350 participants. Healthy Lombard will be host the Lombard table. Lonnie will confirm location with Jay within the next few days. Jay is looking for volunteers to staff the table. Hours are from 10 – 1PM (1 hr. shifts). Riders will come to the table, pick up streamers and their number. Ride along the Prairie Path to the Villa Park Ruggard Gazebo (Prairie Path and Ardmore) planning to arrive before 1:45PM at which time a group photo will take place. There will be music, food, speakers, and exhibits at the Gazebo from 11 AM – 3 PM.

Raffle

A total of 47 individuals signed up for "Stepping Up Summer". Of that number, 22 returned completed sheets and received 1 ticket for their first 100,000 steps and 1 additional ticket for each 10,000 steps they completed.

Because not all tickets were turned in, the raffle was delayed until Thursday, August 4th. Asst. District 44 Superintendents Tod Altenburg and Dr. Ellen Teelucksingh pulled the winning numbers.

Continued ...

The winners are:

May Claire Meimers – Nerve System Analysis – Dr. Tim Weselak
Daniel Meimers – Book Bags – Helen Plum Memorial Library
Mary Rose Meimers – Water Bottle – Healthy Lombard
Elizabeth Meimers – T-Shirt – Sky Center Martial Arts

Maddie Novak – Free Birthday Party – Sky Center Martial Arts
John Novak – Gift Basket – Harris Bank
Marcy Novak – Water Bottle
Linamay Novak – T-Shirt – Sky Center Martial Arts

Judi Davidson – 4 Fitness Classes – Iron Dragon Gym

Mai. Yee – Free 30-Day Enrollment – Sky Center Martial Arts

Warren Petrie – Free 30 Day Enrollment - Sky Center Martial Arts

Mary Joyce – Free 30 day enrollment – Sky Center Martial Arts

Mike Costello – Free Birthday Party – Sky Center Martial Arts
Karey Costello – Gift Certificate – Heavenly Massage

Barb Muzzey – Gift Certificate – Heavenly Massage

Cheryl Behrens – Water Bottle – Healthy Lombard

Diane Oravec – Book Bags – Helen Plum memorial Library

J. Parzgnat – Water Bottle – Healthy Lombard

And the grand prize went toSue Henkel – X Box 360 Connect – Best Buy

Prizes will be distributed on Saturday, August 13 at the Best Buy Store at 75th and Lemont Road. All partners are invited to attend the photo opportunity. Please wear a logo t-shirt if possible.

CLOSE

The meeting ended at 8:50 AM.

The next meeting will be held on Wednesday, November 2, 2011